



INGREDIENTS IN SUPPLEMENTS

Cleansing Powder:

Proprietary formula of rice protein with essential vitamins, minerals, herbs, antioxidants, probiotics & phytonutrients

Vitamin A (from natural beta-carotene)

It helps cells reproduce normally, maintains healthy cells in various structures of the eye

Vitamin C (from magnesium ascorbate and ascorbic acid)

An antioxidant, protects LDL cholesterol from oxidative damage

Vitamin D

Maintains normal blood levels of calcium and phosphorus, aids in the absorption of calcium maintaining strong bones

Vitamin E

Essential for normal reproduction; an important antioxidant that neutralizes free radicals in the body

Thiamine B1

Converts carbohydrates into energy; essential for functioning of the heart, muscles, and nervous system

Riboflavin B2

Helps metabolize carbohydrates, fats, and proteins in order to provide the body with energy

Niacin B3

Acts as a coenzyme, assisting other substances in the conversion of protein, carbohydrate, and fat into energy

Vitamin B6

Processes amino acids; needed to make the hormones, serotonin, melatonin, and dopamine

Folate (folic acid)

Reduces risks of birth defects, cancer, heart disease, alzheimer's disease and chronic fatigue syndrome

Vitamin B12

Involved in the metabolism of every cell, affecting DNA synthesis, fatty acid synthesis and energy production

Biotin	Important in cell growth, the synthesis of fatty acids, and the metabolism of the amino acid leucine
Pantothenic Acid (calcium panthothenate)	B-complex vitamin essential for growth, reproduction, and normal physiological functions
Calcium (from dicalcium phosphate)	Maintains healthy bones and teeth
Magnesium	Maintains muscle and nerve function, keeps heart rhythm, supports a healthy immune system, and keeps bones strong
Manganese (krebs)	Helps to protect us against viruses and other infections by strengthening our cell walls
Copper (krebs)	Needed to make adenosine triphosphate (ATP); the energy the body runs on; Copper absorbs and utilizes iron
Zinc (gluconate)	Repair wounds, synthesize protein, cell reproduction, preserve vision, boost immunity, protect against free radicals
Chromium	Plays a factor in maintaining blood glucose (sugar) levels
Molybdenum (krebs)	Helps manufacture enzymes to sustain mental alertness, prevent tooth decay and blood sugar balance
Potassium (chloride)	Regulates water balance, levels of acidity, blood pressure, and neuromuscular function
Phosphorus (from dicalcium phosphate)	Builds strong bones and teeth, converts food into energy, promotes healthy cell membranes

Proprietary antioxidant, amino acids, probiotics and phytonutrients blend:

Choline (bitartrate) B-complex vitamin that is a constituent of lecithin; essential in the metabolism of fat

Borage oil powder	A strong anti-inflammatory compound that has hormone and cholesterol regulating effects
Med chain triglyceride powder	Easily-absorbed fatty acids that promote weight reduction
L-glutamine	Food for the gut; enhances GI function by supporting GI cell growth and differentiation
Glycine	Boosts the immune system, calms the nervous system, and aids in healing the GI tract
Taurine	Improves detoxification through fat digestion and cardiovascular function
Lysine	Helps the body's production of hormones and enzymes; also helps to build muscle proteins; good for injury recovery
Glutathione	A detoxifying agent in the liver, which is a strong antioxidant
Lactobacillus Acidophilus	Improves gastrointestinal function and enhances the immune system
Alpha Lipoic Acid	Enhances liver function; extends the life of other antioxidants like Vitamin C, E, Glutathione, and CoQ10
Inositol	Prevents the collection of fats in the liver, as well as promoting healthy hair growth, nourishes the brain
N-acetyl-L-Cysteine	The precursor to glutathione, it raises levels of glutathione; Improves liver function
Cysteine	Helps detoxify chemicals and heavy metals, works like an antioxidant, improves lung function
MSM	Maintains cell membrane flexibility and permeability, promoting an efficient exchange of nutrients and waste products
Betaine	Studies suggest it helps reduce homocystiene levels, improving cardiovascular health

**Proprietary mineral and herbs
blend:**

Milk Thistle Powder Improves liver function; reduces insulin resistance

Red Wine proanthocyanidins Powerful antioxidants that neutralize free radicals; help fight the toxic effects of environment

Celandine Has an antispasmodic effect; improves bile flow in the gallbladder

Grape Seed Powerful antioxidant that helps protect blood vessels and cardiovascular health

Artichoke Increases bile production

Quercetin A bioflavonoid with powerful anti-inflammatory properties

Triphala Promotes internal cleansing and conditions of stagnation; also improves digestion and assimilation

Tumeric Powder Popular as a tea in Japan, benefits include prevention of Alzheimer's disease, cancer, and liver disorders

Barberry Powder A tonic and colon cleanser, infers immune support

Boron (Citrate) Research shows it can affect bone and joint health

Vanadium (krebs) Research indicates it plays a role in building bones and teeth

Dandelion Root Powder A natural diuretic that stimulates digestive function and works as a liver tonic

- Green Tea** Research show its helps cancer, rheumatoid arthritis, high cholesterol levels,cardiovascular disease, infection, impaired immune function
- Lipase** Digestive enzyme that enhances the digestion of fats
- Amylase** Digestive enzyme that enhances the digestion of carbohydrates
- Protease** Digestive enzyme that enhances the digestion of proteins
- Trace Minerals** Required to catalyze the effects of enzymes and absorption of other vitamins
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- Fiber Source** Brown Rice
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- Protein Source** Brown Rice fiber and Apple Pectin