



INGREDIENTS IN SUPPLEMENTS

Cleansing Powder: Proprietary formula of rice protein with essential vitamins, minerals, herbs, antioxidants, probiotics & phytonutrients

Vitamin A (from natural beta-carotene)	It helps cells reproduce normally, maintains healthy cells in various structures of the eye
Vitamin C (from magnesium ascorbate and ascorbic acid)	An antioxidant, protects LDL cholesterol from oxidative damage
Vitamin D	Maintains normal blood levels of calcium and phosphorus, aids in the absorption of calcium maintaining strong bones
Vitamin E	Essential for normal reproduction; an important antioxidant that neutralizes free radicals in the body
Thiamine B1	Converts carbohydrates into energy; essential for functioning of the heart, muscles, and nervous system
Riboflavin B2	Helps metabolize carbohydrates, fats, and proteins in order to provide the body with energy
Niacin B3	Acts as a coenzyme, assisting other substances in the conversion of protein, carbohydrate, and fat into energy
Vitamin B6	Processes amino acids; needed to make the hormones, serotonin, melatonin, and dopamine
Folate (folic acid)	Reduces risks of birth defects, cancer, heart disease, Alzheimer's disease and chronic fatigue syndrome
Vitamin B12	Involved in the metabolism of every cell, affecting DNA synthesis, fatty acid synthesis and energy production
Biotin	Important in cell growth, the synthesis of fatty acids, and the metabolism of the amino acid leucine
Pantothenic Acid (calcium pantothenate)	B-complex vitamin essential for growth, reproduction, and normal physiological functions
Calcium (from dicalcium phosphate)	Maintains healthy bones and teeth
Magnesium	Maintains muscle and nerve function, keeps heart rhythm, supports a healthy immune system, and keeps bones strong
Manganese (krebs)	Helps to protect us against viruses and other infections by strengthening our cell walls
Copper (krebs)	Needed to make adenosine triphosphate (ATP); the energy the body runs on; Copper absorbs and utilizes iron
Zinc (gluconate)	Repair wounds, synthesize protein, cell reproduction, preserve vision, boost immunity, protect against free radicals
Chromium	Plays a factor in maintaining blood glucose (sugar) levels
Molybdenum (krebs)	Helps manufacture enzymes to sustain mental alertness, prevent tooth decay and blood sugar balance
Potassium (chloride)	Regulates water balance, levels of acidity, blood pressure, and neuromuscular function
Phosphorus (from dicalcium phosphate)	Builds strong bones and teeth, converts food into energy, promotes healthy cell membranes

Proprietary antioxidant, amino acids, probiotics and phytonutrients blend:

Choline (bitartrate)	B-complex vitamin that is a constituent of lecithin; essential in the metabolism of fat
Borage oil powder	A strong anti-inflammatory compound that has hormone and cholesterol regulating effects
Med chain triglyceride powder	Easily-absorbed fatty acids that promote weight reduction

- L-glutamine** Food for the gut; enhances GI function by supporting GI cell growth and differentiation
- Glycine** Boosts the immune system, calms the nervous system, and aids in healing the GI tract
- Taurine** Improves detoxification through fat digestion and cardiovascular function
- Lysine** Helps the body's production of hormones and enzymes; also helps to build muscle proteins; good for injury recovery
- Glutathione** A detoxifying agent in the liver, which is a strong antioxidant

Lactobacillus Acidophilus Improves gastrointestinal function and enhances the immune system

Alpha Lipoic Acid Enhances liver function; extends the life of other antioxidants like Vitamin C, E, Glutathione, and CoQ10

Inositol Prevents the collection of fats in the liver, as well as promoting healthy hair growth, nourishes the brain

N-acetal-L-Cysteine The precursor to glutathione, it raises levels of glutathione; Improves liver function

Cysteine Helps detoxify chemicals and heavy metals, works like an antioxidant, improves lung function

MSM Maintains cell membrane flexibility and permeability, promoting an efficient exchange of nutrients and waste products

Betaine Studies suggest it helps reduce homocystiene levels, improving cardiovascular health

Proprietary mineral and herbs blend:

Milk Thistle Powder Improves liver function; reduces insulin resistance

Red Wine proanthocyanidins Powerful antioxidants that neutralize free radicals; help fight the toxic effects of environment

Celandine Has an antispasmodic effect; improves bile flow in the gallbladder

Grape Seed Powerful antioxidant that helps protect blood vessels and cardiovascular health

Artichoke Increases bile production

Quercetin A bioflavonoid with powerful anti-inflammatory properties

Triphala Promotes internal cleansing and conditions of stagnation; also improves digestion and assimilation

Tumeric Powder Popular as a tea in Japan, benefits include prevention of Alzheimer's disease, cancer, and liver disorders

Barberry Powder A tonic and colon cleanser, infers immune support

Boron (Citrate) Research shows it can affect bone and joint health

Vanadium (krebs) Research indicates it plays a role in building bones and teeth

Dandelion Root Powder A natural diuretic that stimulates digestive function and works as a liver tonic

Green Tea Research show its helps cancer, rheumatoid arthritis, high cholesterol levels,cariovascular disease, infection, impaired immune function

Lipase Digestive enzyme that enhances the digestion of fats

Amylase Digestive enzyme that enhances the digestion of carbohydrates

Protease Digestive enzyme that enhances the digestion of proteins

Trace Minerals Required to catalyze the effects of enzymes and absorption of other vitamins

Fiber Source Brown Rice

Protein Source Brown Rice fiber and Apple Pectin

Detox Capsules: Proprietary detoxification formula to further cleanse the colon:

Bentonite Powder Highly absorbent clay-like substance that helps to lift impacted waste matter which has accumulated on the walls of the GI tract

Psyllium Powder A bulk-forming laxative. It absorbs liquid in the intestines and makes a bulky, softer stool which is easier to pass

Garlic (deodorized) Promotes heart and cardiovascular health and helps maintain cholesterol levels that are already within the normal range

Celery Powder Clears uric acid from painful joints and helps arthritis and rheumatic problems; helps the kidney and acts an anti-inflammatory and antioxidant

Aloe Vera Powder Facilitates digestion by aiding the immune system and helps clean the digestive tract by exerting a soothing balancing effect

Prune Concentrate Naturally restores and maintains bowel regularity

Mint Eases abdominal pain and indigestion; eases nausea and motion sickness and aids in general digestion

Flaxseed Powder Is high in both soluble and insoluble fiber; one of nature's richest sources of lignans and is a source of omega-3 essential fatty acids

Barley A good source of both soluble and insoluble fibre

Chlorella A powerful detoxification aid for heavy metals and other pesticides

Anise An aid to digestion

Bromelain In addition to aiding digestion it is used as an anti-inflammatory

Magnesium Citrate Helps maintain muscles, nervous system and the immune system; helps control blood pressure, promotes heart health, and is a good laxative

Vitamin C Used for its immune-enhancing effects

Green Foods Capsules: Boosts the immune system, acting as anti-inflammatories, antivirals, antibacterials, and aiding in cell repair.

Wheat Grass Juice Powder Protects the lungs and blood from air and water pollution, cigarette smoke

Barley Grass Juice Powder Highest natural levels of enzyme SOD (superoxide dismutase); a powerful antioxidant that protects the cells against toxic free radicals

Alfalfa Grass Juice Powder Rich in vitamins A, D, E, and K and high in protein and calcium; Ayurvedic medicine for cleansing and fortifying the large intestine and kidneys

Greeny Papaya Rich in enzymes that break down proteins, papain and chymonpapain; these enzymes facilitate very powerful digestive action

Spirulina Found to lower total cholesterol, increase HDL cholesterol, lowered triglycerides; lowers both systolic and diastolic blood pressure

Chlorella	Breaks down persistent hydrocarbon and metallic toxins, such as mercury, cadmium and lead, DDT and PCB, while strengthening the immune system response
Broccoli Powder	Contains vitamins A, C, and K, folic acid, fiber, potassium, phosphorus, magnesium, vitamins B6 and E, carotenoid lutein, glucosinolates, and phytochemicals
Cauliflower Powder	Rich in vitamin C, vitamin A, vitamin B-complex, vitamin E, carbohydrates, protein, iron, calcium, potassium, phosphorus, magnesium, and dietary fiber
Lecithin	Insures that fat and cholesterol that is traveling through the blood stream stays solvent so that it will not attach to the artery walls
Acerola Juice Powder	Derived from a berry-like fruit and has high concentrations of Vitamin C
Beet Juice Powder	Contains a wealth of nutrients and important phytochemicals
Spinach Powder	Protects against osteoporosis, heart disease, colon cancer, arthritis, and other diseases
Dunaliella Salina	Contains antioxidants that work to protect the body from harmful oxygen radicals by neutralizing their destructive effect on cells and tissues
Green Tea Extract	Is full of antioxidants that counterbalance free radicals
Milk Thistle	Helpful in the prevention and treatment of a variety of liver diseases; used for liver detoxification.
Ginkgo Biloba	Proven to be effective in curing various ailments that specifically affect the vascular and central nervous systems
Billberry	Used for the health of the eyes, circulatory system, and nervous system
Proanthocyanidins	Increases structural strength of weakened blood vessels, fifty times as powerful as vitamin E, neutralizes free radicals that promotes most diseases.
Probiotic Cultures	Protects against the invasion of and growth of bad bacteria that can cause infections and disease
Fructooligosaccharides	Helps normalization of bowel function, maintenance of large bowel integrity and improvement in calcium absorption